

NEWSLETTER

Forty five edition of the Newsletter for: Pleasley, Pleasley Vale,
New Houghton and Stoney Houghton.



The Parish Council highlight in June was the Scarecrow Festival, sponsored by Maurice Hill Transport Ltd and Glapwell Garden Centre. Although a low turnout of competitors in comparison to past years, those that did enter did a marvellous job. The Parish Council wishes to thank all those that gave their valuable time to enter and the visitors who came and voted for their choice despite the intermittent rain showers. We have promises of new entries next year. The results chosen by you the public were:

First prize £75 by an overwhelming majority No 24 The Magic Roundabout. Followed by £50 No 21 The Queen and her corgis, £25 No 29 The Scarecrow Wedding, £25 No15 The Pirates, £25 No 4 The Builder, £25 No 5 The Darth Vader.

£350 was donated to The John Eastwood Hospice Unit, this was presented to their vice chair of the trustees David Wilson at the July Parish Council Meeting.

Other events were the Church Garden Party in May which was a huge success despite the uncertain weather forecast.

The Wildlife Day on June 5th organised by the Pleasley Pit Nature Study Group was the hottest day this year and was appreciated by the many people who attended.

The New Houghton Gala will take place August 20th, on the Rotherham Rd recreation ground by permission of the Parish Council.

The constant flooding that occurs at the junction of Rotherham Rd and Appleby Road and in the layby near the shops is at last going to be addressed.

The future of all events in our parish not only rely on visitors they rely on you the residents. This includes events by every organisation. If there is no participation they fall by the wayside, an example being the carols in the Verney at Christmas which will no longer take place. It's not an easy task to organize events, people work tirelessly for their event without thought of accolades or praise and credit is due to them. It's the community spirit they wish to keep alive and put Pleasley Parish on the map.

A grant of £1460 (which is 75% of the cost) from the War Memorial Trust has been obtained to restore the Pleasley and Pleasley Hill War Memorial outside the Pleasley Miners' Welfare. Pleasley Parish Council will make up the shortfall.

The Clerk reported that the request to add the name of K Evans to the New Houghton War Memorial has been completed. A short dedication will take place at the next Remembrance Day Service in November.

There is grave concern about properties being let for multiple occupation. It is not house to let, it is rooms to let. This is very much an environmental health issue and should be curtailed without delay.

Police Announcement.

The new Police and Crime Commissioner Hardyal Dhindsa has pledged to visit all 383 towns and villages across the county during his term of office in a "meet, greet and listen" marathon being billed on social media as the PCC's **#D383** tour.

The demanding schedule has been designed to help the Police Commissioner understand what local people want, to make them feel safer and how he can do things differently to improve their experience of policing.

As a pre-cursor to these visits the Commissioner would like to introduce himself through local newsletters, magazines and websites. If you feel that this can be accommodated contact details and copy dates for publications should be sent to the email address below. The Commissioner is also keen to link in with as many events around the county as he can. Therefore information about suitable any events should be forwarded to Tracey Barks, Projects Officer, Office of the PCC for Derbyshire Tel; 0300 122 6018. (Internal 4608)

Email: Tracey.barks.4608@derbyshire.pnn.police.uk

This is something that locally we should take advantage of and see what he has to offer in the way of assuring us of our safety in view of the latest turn of events in our parish. See if he will attend a Parish Council Meeting.

Why not grow your own?

At present there is a limited number of vacant allotment plots at the Meden Avenue allotment site in New Houghton.

The annual rent for a single plot is only £15! If a full plot is too much why not get together with family or friends and share a plot (half a plot is £10 per annum).

Please contact Neil Pocklington (Clerk to the Council) for further details: 01623 819786

The Pleasley Pit Trust continues its excellent work to provide a first class visitor attraction, based on the individual history & regeneration of Pleasley Colliery. They do an excellent English Breakfast every day from 10am to 2pm. All are welcome.

Band Enthusiasts: The Black Dyke Band will be giving a concert with Shirebrook Miners' Welfare Band at Shirebrook Academy on Saturday 15th October. Enquiries Shirebrook Town Council.

Open Door computer club at New Houghton is well attended on Thursdays. It continues to provide access and support to develop the computer skills of the local residents who are welcome.

This year the British Horological Institute celebrates the 80th birthday of the Speaking Clock. It was on Friday 24th July 1936 that callers in the United Kingdom who dialled T-I-M. the phone number of the new Post Office Speaking Clock, first heard Ethel Cain, "the girl with the golden voice" speak those immortal words "at the third stroke it will be **** precisely".

The British Horological Institute is proud to own and maintain the original Speaking Clock No 1 designed by Eugene Wender, a Hungarian by birth who devised the system of 'photographing' a voice onto glass discs. In its opening year the service logged 13 million calls – over 35,000 a day. Speaking Clocks No1 and No 2 were part of the collection at this year's show at Upton Hall, next to numerous items such as clocks from the 17th century and modern miracles of innovation. Visitors were able to admire the short-listed images of the photo competition The Passage of Time; also a display by Smiths of Derby on tower clocks. Smiths made the Verney clock in 1914 commissioned by Maud Verney in memory of her husband William Verney Lord of the Manor of Pleasley.

**NEW HOUGHTON KIDS' CLUB
SUMMER PLAY SCHEME**

A play scheme for children aged 5 to 11 years will be held in the New Houghton Working Men's Club for a two week period commencing 8th and 12th August between 10am and 12noon. Any child who wishes to join please contact Caroline Randall "The Vale" Chesterfield Rd Pleasley 01623-812318 email caroline.randall@outlook.com

The Parish Council has made an application to Derbyshire County Council for the erection of a new bus shelter. This will be located on Chesterfield Road, at the Bus Stand, next to Meden Vale Engineering. The council will have to make a contribution of approximately £3000 towards the total cost.

Two footpaths are in desperate need of attention. The one along the side of the Pleasley Miners' Welfare and the one from Common Rd through to the Pleasley Cemetery. These will be attended to immediately. Also a bridle path has been reported as overgrown to County footpaths. This leads from Newboundmill Lane up to the Teversal Trail along side of our recreation ground.

In June St Michael's Church lost one its most valued members when Joan Hall died on the 9th June. Joan had many interests but one of her main talents was the unusual art of lace making. Recently an article on lace making was a topic of discussion on bygone customs and this is one that Joan excelled at. One company, Avocet Lace, started making lace in 1984 and its work can be seen at craft fairs at various locations. Lace Making has been defined as "The art of weaving and twisting threads together to making a pattern" the history of Lace Making in England began in the 16th century when Flemish lace makers brought it to Kent. In 1665 the Huguenots brought the art to Honiton in Devon.

Queen Victoria's wedding dress was made of Honiton lace and both Prince George and Princess Charlotte wore a replica of the Honiton lace christening gown designed in 1841 for the christening of Queen Victoria's oldest child, Victoria, Princess Royal. In 1699 a child could earn 1s.8d a week and an adult 6s.8d for a "flounce" or three yards of lace. Lace was so expensive to buy that during the 18th century it was smuggled from France and any confiscated was burnt. Our lace makers improved so much that by 1862 English lace rivalled French lace and a man could earn 25s. 0d a week.

KNOW YOUR 10 PARISH COUNCILLORS
and contact details.

Recently a member of our community from New Houghton contacted the Chairman of the Parish Council saying that he knew we had a parish council and probably knew some names but he did not know where they lived regarding locality. Were there any living in New Houghton for him to contact?

Names are printed in every newsletter. Just to make things clear here is the locality requested alphabetically.

New Houghton Councillors

Ian Allen. Devonshire St 810346
ian@arromax.co.uk

Pauline Bowmer. (Vice Chair) Pavilion Gardens
811492. Pauline.bowmer@bolsosver.gov.com

Valerie Douglas Recreation Road 811761
valeriedouglas@hotmail.com

Paul Seston Compton Street 811994
paulseston@hotmail.com

Pleasley Councillors

Mick Gamble Holbrook Close 810035
mickgamble@aol.com

Derek Gelsthorpe Terrace Lane 810830
Derek.gelsthorpe@btinternet.com

Neil Jordan Holbrook Close 811615

Jackie Jones Wilkinson Close 811207

Tom Kirkham Parthenon Close 07734274848
tomkirkham2@hotmail.com

Howard Wright (Chairman) Newboundmill Lane 810486
johnwright828@btinternet.com

Contacts for the Parish Clerk.

Parish Clerk Neil Pocklington 819786
This number has an answering service.

Email neil.pleasleypc@gmail.com

Mail Address The Verney Institute,
Newboundmill Lane Pleasley NG197PL

Caretakers for hall bookings for meetings, parties and functions.

Lauretta Brudenell for New Houghton
01623-811390

Phillip Crouch for Pleasley 01623-810996

Bug bites are an inevitable part of summer. And let's face it, for many of us, our arms, legs, neck and ankles are a inviting targets for those biting pests. Bumps and itchiness that accompany bites develop from an anticoagulant that the bug injects to prevent your blood from clotting. What follows is a mild allergic reaction and typical round, red bumps. Fortunately, there are many natural remedies to soothe those bites, and they don't involve applying toxic chemicals to your skin.

Aloe Vera Aloe speeds wound healing by improving blood circulation, preventing cell death, according to a pharmacognosy study published in the National Library of Medicine (NCBI). To harvest aloe from the plant, make sure the aloe plant is mature, at least eight inches in length, and the leaves are fleshy and green. Use the outside leaves, since they are the oldest and contain the thick nutrient-rich gel. Once cut, the wound will seal and new growth will sprout from the centre. Carefully split open the leaf to extract the gel and rub it on your bug bite.

Apple cider vinegar Using vinegar to fight infections and other acute conditions dates back to 460-377 BC, when Hippocrates the father of modern medicine, recommended vinegar for cleaning ulcerations and treating sores, Apple cider vinegar is both antibacterial and anti-inflammatory, making it ideal for soothing and disinfecting bug bites. Add a little vinegar to a cotton ball and gently dab the bite. For all-over body bites, add two-thirds cup to a warm bath and soak for at least 10 minutes.

Banana peel Peel a banana and rub the soft interior of the peel over your bug bite. The fruit acids, vitamins and minerals in the peel help to soothe away pain and itching.

Raw honey Raw honey is another ancient remedy. The healing property of honey is due to its antibacterial activity and because it helps maintains a moist wound condition, preventing infection. Dab a small amount of raw honey onto your bite to reduce swelling and help it heal faster.

Lemon or lime juice Citrus juice not only stops the itch, but also supplies quick antimicrobial relief, preventing infection. Dab lemon or lime juice over fresh bites with a cotton ball. Let it dry, then rinse well. The natural antioxidants and alpha-hydroxy acids found in citrus juice work to naturally cleanse the bug bite.

Tea tree oil Used for centuries by the aboriginal people of Australia, tea tree oil is used topically to heal a wide array of skin infections. Tea tree oil may be used for wounds, fungal infections and skin lesions.

Onions & your gut health, longevity, cancer, and more!

The overlooked and much maligned onion has been around since ancient times and was most likely a dietary staple of our prehistoric ancestors.



It is often avoided because of its pungent odour and taste, along with the after effect of "onion" breath. The strong smell and taste come from the sulphur-containing compounds in onions which are also responsible for the amazing health benefits in onions.

Onions don't usually get the spotlight for being a glamorous and trendy 'superfood', but surprisingly enough, the humble onion is most definitely a superfood in its own right. You know the saying, "An apple a day...", well it should be, "An onion a day keeps the doctor away!"

Onions are in the same family of root vegetables as garlic (a known superstar), shallots, leeks and scallions. They are a great source of B vitamins, especially B6, B1, folate, and biotin. They also contain copious amounts of vitamin C, manganese, copper, phosphorus, potassium and a massive amount of phytonutrients and antioxidant polyphenols.

Onions contain even more powerful polyphenols than their cousins, garlic and leeks, as well as tomatoes, carrots and red bell peppers. These antioxidants make onions a natural anti-histamine (similar to medicine for colds and allergies), anti-inflammatory, and antioxidant.

The powerful polyphenols in onions benefit the whole body, and make them extremely effective in preventing or fighting diabetes, cancer, cardiovascular disease and neuro-muscular diseases. One of the primary polyphenol antioxidants in onions is Quercetin. Quercetin is an anti-inflammatory ingredient that not only protects against heart disease, blood clots, hypertension, urinary disease, prostatitis, and cancer, but also is one of the most powerful and natural anti-histamines.

The National Onion Association considers onions a major dietary anti-carcinogen. Onions, like garlic and other allium vegetables are warriors against many types of cancer including: breast, ovarian, and uterine cancers, laryngeal, esophageal, gastric, colon, renal and prostate cancers. It is thought that these compounds inhibit tumour growth and gene mutations, while fighting free radicals.

Onions, like garlic, go a long way towards helping prevent heart attacks, strokes and blood clots. The sulphur compounds in onions are very efficient in preventing clumping of blood platelets which result in clots, meaning they are highly effective in preventing heart disease, strokes, and blood clots in other parts of the body (peripheral vascular disease). The power of the onion to treat colds and flu and have been used for years and years.

Even the World Health Organization recognises the power of onions for coughs, congestion, bronchitis and respiratory infections.

Afternoon tea, anyone?

Do you take afternoon tea?
Ever wondered how and where this started?



The custom seems to date back to the mid-19th century, and the seventh Duchess of Bedford, Anna Russell.

The Duchess got hungry at about 4pm each day, and complained that she had "that sinking feeling". As it was four hours until dinner (at 8pm), she began to have sandwiches or a small cake with some tea. Her friends thought this was marvellous, and the idea spread quickly through (hungry) upper class circles.

Soon, it seems, everyone in England was looking forward to Afternoon Tea, and a great British tradition was born.

Though during the last century the sandwiches and cake gave way to biscuits, still we reached for the teapot each afternoon.

Not so much any more it seems. In the last five years, sales of tea have dropped by nearly a quarter, and sales of biscuits have sunk by a tenth.

Nowadays we reach for bottled water and fruits, nuts or even cheese. The research was done by retail analysts Mintel.



Scarecrow
Festival
Winner 2016

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k9kate@btinternet.com - or find us on Facebook.

The holiday season, the festive season, and in the winter the dark nights are busy times for the burglars. Open windows are a real temptation, also, one must try to be security conscious. Put a light on a timer. Wi-Fi security cameras are the newest way to protect your home, your possessions and your family! Install them in prominent positions around your home and property and you will be alerted by email or phone when any movement is detected. They also enable home owners to watch a live feed of what is happening in the home, via a smartphone or tablet app, so you can check if your children or elderly parent have made it safely back home.

The app also lets you control how much footage is saved and allows you to download it directly to your phone to send to the police if, heaven forbid, the worst should happen. A recommended one is the Netgear Arlo Home Security (from £179.99 maplin.co.uk) which available in one, two, three or four camera kits.

The cameras are battery powered and weatherproof, so can mounted anywhere, inside or out. Footage is recorded in high definition and works in the dark, thanks to night vision.

Burglar beware you're on film!

Parish Council Free Doggy bags can now be obtained from the Charity Shop Rotherham Rd New Houghton.

SUMMER WEATHER

Summer time is upon us, or at least it should be. This is a time when we like to spend time in the garden, perhaps with friends and maybe have a barbecue.



Remember to spare a thought for your neighbours who may be down wind of your sizzling foods and their accompanying smoke.



Also if you are listening to music outside please consider the volume and remember not everyone has the same taste in music.



**PLEASLEY PIT OPEN WEEKEND
SEPTEMBER 10th & 11th**

Remember our industrial past

Mining memorabilia

Displays

Stalls

Photographic competition

Flypast on Saturday

Pleasley Colliery Welfare Band (Sunday)



ActionFraud
National Fraud & Cyber Crime Reporting Centre
0300 123 2040

Action Fraud is not an emergency service
dial 999 if you are in immediate danger.

Holiday Booking Fraud

With summer holidays fast approaching, individuals are often more exposed to travel booking frauds when looking for last minute package deals / cheap flights. Whether paying upfront for a family holiday or simply booking a flight, payments are transferred only to discover that the holiday / airline ticket does not exist and was sold to you by a bogus travel company. Fraudsters will often lure in potential customers with low prices and 'one time only' offers that are simply too good to pass up, requesting payment by the preferred method of direct bank transfer.

Avoid

Paying for a holiday / airline tickets / accommodation via direct bank transfer. No reputable company will ever request payment via this method.

Responding to unsolicited calls, texts or emails offering holidays at incredibly low prices.

Protect Yourself

- Whenever possible, pay for your holiday by credit card as it offers increased protection.
- Always remember to look for the 'https' and locked padlock icon in the address bar before entering your payment details.
- Never feel pressured to make a booking for fear that you will miss out on this 'low price' opportunity. If you have never used the company before, take your time to do some online research to ensure they are reputable.
- Should you make a flight or hotel booking through a travel company, feel free to separately check with the hotel / particular airline that your booking does indeed exist.

If you have been affected by this, or any other scam, report it to Action Fraud by calling 0300 123 2040, or visiting www.actionfraud.police.uk

This information is published on behalf of Action Fraud (National Fraud Intelligence Bureau)

Stop hangin' around,
get involved with...

STREET SPORTS

Venue: Rotherham Road Rec, New Houghton
Start Date: Every Thursday from 28th July up to 29th September 2016 for 10 weeks
Time: 6-8pm
For youngsters 12 years and older
Supported by Pleasley Parish Council

Free

Call 01246 242362 for more information

Bolsover District Council

Like us on Facebook 'Active Bolsover District'

Taking place in New Houghton but an opportunity for all youngsters in the parish over the age of 12.

Vandalism at Terrace Lane Recreation Ground



As can be seen from the photographs, vandals have struck at the Terrace Lane playground causing expensive damage

Now these vandals are obviously not the fifth century Germanic tribes

that are said to have sacked and looted Rome.

No, they are young people, probably from within our community, who have deliberately ripped up the safety material around the see-saw. Why? Presumably because they could and for no other reason. Certainly not bothered about the safety of young users who could have been hurt. Certainly not bothered about the appearance of the playground because, having ripped the surfacing up, they then threw it around. Certainly not bothered about the cost of repairs.

Are you a parent? Could it have been done by your son or daughter or their friends?

A sobering thought isn't it?

The area could not be left in a dangerous condition and repairs have been carried out.

Cost £1000.00!



Did you know that restoration work on Pleasley Pit engines began over twenty years ago with the formation of the Friends of Pleasley Pit in 2015? The pit which close in 1983 is now a Scheduled Ancient Monument in the ownership of The Land Trust.

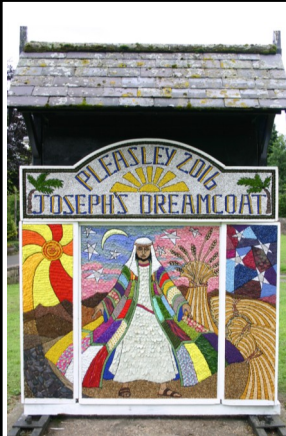
There are two steam winders in the engine house. The first was installed in 1904 and the second in 1922. In its day Pleasley Colliery was a leader in technological advancement:

- The first pit in the country with electricity underground
- One of the first pits to have steel headstocks
- At one time it was the deepest mine in the Derbyshire coalfield

Did you work at Pleasley Pit?

As part of the conservation of the pit the Pleasley Pit Trust wants to add to its collection of memories of people who worked there. What was your job? How long did you work there? Who were your colleagues? What were the conditions like? Any special stories, amusing or otherwise, you can share for future generations?

If you would like to share your memories contact any volunteer at the pit.



The main well dressing on Pleasley Church Green was complemented with two smaller wells made by the Brownies & St John Ambulance.

It took 8 people to prepare and erect the main well & 17 people to complete the design.

In addition there were 16 flower arrangements on the theme of "Musical Delights" in church.

Not to mention those who prepared the church, made drinks etc etc.

The wells were blessed by Rev'd Karen Bradley on the Sunday, music by Pleasley Colliery Welfare Band. On Saturday "4 For Sax" played in church.

COMPETITION TIME

NAME

THIS WORDSEARCH IS:

Things you might take on a Picnic.

Names & Address

Closing date August 4th

Thermos Flask, Cups,
Folding chair.
Sandwiches
Cutlery. Plates.
Cakes, Drinks.
Table. Primus Stove
The winner of April's
wordsearch was S Clay
from Pleasley who was
presented with a £10
garden voucher by the
chairman Cllr Howard
Wright.

Apology.

Junes wordsearch has
not yet been drawn.
There was an error in
June's wordsearch with
two words, disregard
these two words and still
send it in without these
two words it will be
accepted.

T	H	E	R	M	O	S	F	L	A	S	K
A	D	C	A	N	U	E	S	E	K	A	C
B	U	R	S	T	S	E	I	A	N	N	Y
L	C	U	I	E	W	N	S	L	I	D	H
E	U	C	T	N	O	O	E	P	H	W	A
S	T	A	Y	R	K	I	L	C	U	I	T
E	L	L	B	A	S	S	B	V	U	C	C
P	E	R	L	C	D	R	A	W	O	H	A
P	R	I	M	U	S	S	T	O	V	E	P
H	Y	C	O	U	N	C	I	L	L	S	E
T	H	I	S	I	S	E	A	S	Y	O	K
R	I	A	H	C	G	N	I	D	L	O	F

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