



NEWSLETTER

**Forty sixth edition of the Newsletter for: Pleasley, Pleasley Vale
New Houghton and Stony Houghton.**

There was no council meeting during August. The meetings resumed again on September 5th the 9th month of the year. Christmas will be here before we know.

The Parish Council received quotes for the redecorating the Community Centre at New Houghton and the work has now been completed. There may be other maintenance work to be done.

It has been reported the magazine "Your Derbyshire" published by Derbyshire County Council for all Derbyshire residents, is not currently delivered to Pleasley residents. The explanation given was, that under the current contract with Royal Mail, they are unfortunately unable to deliver to a small number of post codes which straddle the Derbyshire/ Nottinghamshire border. A list of Pleasley postcodes which do not currently receive this magazine has been supplied to Derbyshire County Council and a response on this issue is expected in the near future.

There will be a Remembrance Service in St Michael's Church Pleasley at 10.15am on November 13th. This will be followed by the laying of poppy wreaths at *Pleasley War Memorial at 11am by Cllr Howard Wright* and *New Houghton War Memorial at 11.30am by Vice Chair Cllr Pauline Bowmer*. There will be a dedication to the latest inscription on this memorial, which was local hero Cpl Kenneth Evans, who died in 1982 in the Falklands War.

The conservation clean of the Pleasley and Pleasley Hill War Memorial outside the Pleasley Miners' Welfare was completed in July.

Unfortunately the ingrained dirt of over 100 years could not all be removed.

The work included cleaning the memorial, re-pointing joints with lime mortar and restoring and re-painting the lettering. A grant of £1460 (which is 75% of the cost) was obtained from the War Memorial Trust with Pleasley Parish Council paying the outstanding balance of £869.44.

Christ Church has at last been sold and alterations are in hand to change the building into two flats. Parking facilities will be for two vehicles for the Community Centre.

Plans have been submitted for residential development for up to 23 dwellings on Pit Lane, Pleasley. This is a renewal of previous planning permission which was submitted three years ago.

Permission for the erection of a two storey dwelling with integral garage for 25 Newboundmill Lane has been approved subject to five conditions.

The application for the erection of a new bus shelter for Chesterfield Road, Pleasley, near the bus stand outside Meden Vale Engineering Company Ltd, has been approved by DCC.

The Parish Council will enter into an agreement to contribute fifty percent of the cost of erecting the shelter (approximately £2500 - £3000) and then adopt the bus shelter, taking full responsibility for on-going cleaning, maintenance and repair costs. At the time of writing the shelter is being installed.

The parish council is looking at new Live and Local events. The first scheduled for Saturday December 3rd is **The Remi Harris Project** in Concert, followed by **Alaw in Concert** on February 11th 2017. Then on March 25th **Peacock Angell Trio**. Further details for these events will be in the relevant newsletters.

The footpath at the top of Terrace Lane has been cleared of overhanging bushes and nettles, also the footpath from Booth Ave to the bridge has been cleared and maintenance work to remove overhanging bushes and trees has been carried out in the cemetery.

There has been a request to install a water supply by means of a tap in our cemetery as the natural supply is not sufficient to requirements. Enquires are being made to the Severn Trent to assess the feasibility of a mains water supply.

There have been reports of the footpath bridge over the A617 from the school area as being dangerously dark.

Cllr Marian Stockdale has offered to arrange a site visit to assess not only the lighting problem but also the condition of the two bus shelters near the bridge with a view to possible replacement.

Before the next newsletter it will be time to think about Christmas especially the Tree Festival in St Michael's Church Pleasley.



St Michael's Church Pleasley. Annual Christmas Tree Festival. From Friday 2nd to 6th Dec when the Pleasley Colliery Band will play carols, the church will be open daily from Saturday to Tuesday from 11.00 to 4.30pm.

People who enter this festival can place their trees in church on Wednesday 30th Nov and Thursday 1st December.

Enquires contact Val Gamble 01623 810035 or email valgamble52@aol.com



Christmas Fayre Saturday 26th November 1pm New Houghton Community Centre.

At the October council meeting following the recent decoration of the Hall it was decided that New Houghton Community Centre should have new blinds for the windows.

The 23 crimes reported in July were:

Anti-social behaviour 15

Burglary 2

Other crime & theft 3

Public order 1

Violence & sex offences 2

M.O.T. due, why not consult

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May we remind you once again who your local councillors are.

KNOW YOUR 10 PARISH COUNCILLORS and contact details.

Names are printed in every newsletter.

Just to make things clear here is the locality requested alphabetically.

Councillors in New Houghton

Ian Allen. Devonshire St 810346
ian@arromax.co.uk

Pauline Bowmer. (Vice Chair) Pavilion Gardens 811492. Pauline.bowmer@bolsover.gov.uk

Valerie Douglas Recreation Road 811761
valeriedouglas@hotmail.com

Paul Seston Compton Street 811994
paulseston@hotmail.com

Councillors in Pleasley

Mick Gamble Holbrook Close 810035
mickgamble@aol.com

Derek Gelsthorpe Terrace Lane 810830
Derek.gelsthorpe@btinternet.com

Neil Jordan Holbrook Close 811615

Jackie Jones Wilkinson Close 811207

Tom Kirkham Parthenon Close 07734274848
tomkirkham2@hotmail.com

Howard Wright (Chairman) Newboundmill Lane 810486
johnwright828@btinternet.com

Contacts for the Parish Clerk.

Parish Clerk Neil Pocklington 819786

This number has an answering service.

Email neil.pleasleypc@gmail.com

Mail address The Verney Institute,
Newboundmill Lane Pleasley NG197PL

Caretakers for hall bookings for meetings, parties and functions.

Lauretta Brudenell for New Houghton 01623-811390

Phillip Crouch for Pleasley 01623-810996

District Councillors are.

Pauline Bowmer.

Ann Syrett ann.syrett@bolsover.gov.uk

County Councillor Marian Stockdale
Marian.Stockdale@derbyshire.gov.uk

LIVE AT THE VERNEY
The Remi Harris Project
December 3rd at 8pm

Buckingham Palace, Royal Albert Hall & Verney Institute!

YET ANOTHER COUP AT THE VERNEY
THANKS TO LIVE AND LOCAL!



Remi Harris is an exciting young guitarist from the UK whose unique style blends elements from Gypsy Swing, Jazz, Blues, Rock, Electronic and World Music. Primarily self taught with the help of his Dad's guitar magazines and records, Remi started playing at the age of 7, initially inspired by rock and blues guitarists of the 60s and 70s such as Jimi Hendrix, Peter Green and Jimmy Page. In his late teens he developed an interest in jazz music, in particular artists such as Django Reinhardt, Wes Montgomery and Stan Getz. Since then he has been growing a reputation for blending all of his influences into his own individual style of playing.

He has toured worldwide as well as performing at Buckingham Palace, BBC Proms at the Royal Albert Hall with Jamie Cullum, on BBC 4 Television and live on BBC Radio 2 and BBC Radio 3.

Find out more at: <http://www.remiharris.com> and on youtube

"incredible guitarist... I'm absolutely blown away by his talent...amazing" Jamie Cullum

"a tremendously gifted young player" John Etheridge

"The standard of playing is stunning" Guitar Techniques Magazine

"absolutely brilliant" Cerys Matthews

"astonishing" Digby Fairweather

"This young guy is seriously good" thejazzmann.com

"terrific" The Telegraph

"Remi Harris is one of the most exciting young guitarists in the Gypsy Jazz world" Martin Taylor



DON'T MISS THIS FANTASTIC OPPORTUNITY

Tickets £9.00 from 01623 810035 or 07734 274848

No bar – bring your own drink! Complimentary light refreshments

Coming in 2017: Alaw in Concert February 11th Great music by a very special acoustic trio that celebrates the Welsh folk tradition; a joyful brew of breath-taking airs, eminently danceable Celtic jigs and delightful traditional song.

Peacock Angell Trio March 25th An evening of fine beautiful music inspired by and taking influences from Folk, Jazz and classical genres performed by some of the midlands' finest professional musicians. Ruth Angell was a member of The Rainbow Chasers with Ashley Hutchings

The following two pages will be relating to various issues: some rules and regulations (not all) regarding Cemetery procedures, Cemetery Laws in general and the facts of life and death which is something that no one wants to think about, no one wants to talk about and from which no one can escape.

My philosophy on living is this, and is illustrated in the words of the well known song recorded by the famous American Gospel singer: Mahalia Jackson:

'If I can help somebody as I pass along the way then my living will not be in vain.

If I **can** cheer **somebody** with word or song.
If I **can** show **somebody** that he's travelling wrong, then my living will not be in vain.

Beautiful words encapsulating a clear message that it matters not when we were born nor when we died – what matters is the time between .. the 'dash' that the engraver puts on the tombstone.

In the Christian religion, we have 2 great commandments: You must love God with every part of you and You must love your neighbour as yourself . Jesus gave these commandments to us in order that our living should not be in vain and the song enforces this with its concluding verse: 'If I can do my duty, as a good man ought. If I can bring back beauty, to a world up wrought. If I can spread love's message, as the Master taught, then my living shall not be in vain.'

In the Book of Common Prayer, at the graveside during a funeral, the Minister may use the following words: 'in the midst of life we are in death' and I find this sentence to be both very poignant and quite logical. It is then one realizes how short life is. How much time we all waste worrying and complaining and arguing amongst ourselves while our life slowly, steadily, drips away from us.

To dwell on this sentiment makes one aware of just how short life is and of how we should use the time allotted to us.

The following Eulogy was in a newsletter some years ago and is something to remember.

It is from a speech heard regarding the passing of someone dear to people it said, as we look upon the memorial stones what do we see,

Name, Date Born dash Date Died,

The most important thing on this memorial is the **dash, because that is** the life between the date born and date of death, what did this person do, that's what people remember, the deeds that they have done, the love they gave and the good that lives on after them.

How Do You Live Your Dash?" A lesson to learn.

I read of a man who stood to speak,
At the funeral of a **friend**.
He referred to the dates on the plaque,
From the beginning.... to the **end**.

He noted that first came his date of birth
And spoke the following date with **tears**,
But he said what mattered most of all
Was the dash between those **years**.

For that dash represents all the time
That he spent alive on **earth**...
And now only those who loved him
Know what that little line is **worth**.

For it matters not, how much we own;
The cars... the house....the **cash**,
What matters is how we live and love
And how we spend our **dash**.

Over the last few years we have heard of the death of prominent members of our parish. It is something to which every family succumbs eventually. Our thoughts are with the families at this sad time, families that never forget those who were dear to them, after a while the media do forget they are just a memory because life must go on.

Here are some specific quotes on life which we should try to remember and try to carry out.

- Life isn't about finding yourself. Life is about creating yourself.
- The most important thing is to enjoy your life - to be happy - it's all that matters.
- Life is really simple, but we insist on making it complicated.
- We do not remember days, we remember moments.
- In the end, it's not the years in your life that count. It's the life in your years.

The truth is you don't know what is going to happen tomorrow. Life is a crazy ride, and nothing is guaranteed.

Do not dwell in the past, do not dream of the future, concentrate the mind on the present moment.

If you live long enough, you'll make mistakes. But if you learn from them, you'll be a better person. It's how you handle adversity, not how it affects you. The main thing is never quit, never give up. Life's most persistent and urgent question is, 'What are you doing for others?'

Requirements of Monumental Masons

4.3.1 Every monumental mason is required to provide the Council the following documentation, unless they are currently registered with NAMM or BRAMM:

- a. A detailed method statement showing how work will be undertaken and what measures will be taken to minimise the risk of personal injury or damage to property. This must cover every aspect of work the Monumental Mason is likely to undertake in the Cemetery during the forthcoming year, including vehicle access and movement within the Cemeteries.
- b. A copy of their incident reporting mechanisms and procedures in accordance with The Reporting of Injuries Diseases and Dangerous Occurrence Regulations 1995 (RIDDOR).
- c. A copy of their Health and Safety policy and codes of practice.
- d. A copy of up to date Public and Employee Liability insurance with at least £5 million cover. Copies to be provided for the Council upon policy renewal.

4.3.2 Guidance on the completion of these documents can be obtained from the Association of Burial Authorities (ABA), The National Association of Memorials Masons (NAMM), the Borough Council's Safety Officer or the Health and Safety Executive (HSE).

4.3.3 The Council's Officers will evaluate this documentation. Upon satisfactory evaluation, a one year Access Permit will be issued to the Stonemason. The monument masons will then forward to the Council working method statements which will be used as a control measure on work assessments. Council Officers will monitor these.

4.3.4 Failure to provide the documentation or failure in the evaluation will result in permits being withheld and access to the Cemetery being denied.

4.3.5 The one year access permit does not give exclusive access to the Cemetery for Stonemasons. All regulations in relation to Cemetery access within these regulations must be adhered to at all times.

4.3.6 All Stonemasons will adhere to all requirements of section 4 of these regulations, in addition they will be required to:-

- a. Inform the Parish Council when they require entry into the Cemetery in accordance with the current procedures.

Whilst the burial authority is responsible for maintaining the cemetery in a safe condition you have a responsibility to maintain your memorial in a safe condition throughout the period of the Right to Erect and Maintain a Memorial.

If you fail to do this the cemetery staff may take action to make the memorial safe. Cemetery staff can carry out routine inspections of memorials in the cemetery and when one is identified as being unstable and likely to fall and injure someone it might be cordoned off, laid flat or have a temporary support installed. You will receive a letter in these circumstances and it will be your responsibility to arrange suitable repair

Although monuments are private property, the power to remove them or make them safe now resides in the hands of local authorities under the Local Authorities Cemeteries Order 1977.

To ensure that burial ground managers are familiar with the legal framework within which they operate responsibility for burial law and practice has been transferred from the Home Office to the Department for Constitutional Affairs (DCA).

The Local Authorities Cemetery Order 1977 (LACO), as amended, section 23 of the Burial Act 1857 provides for an Order to be made to require works to be undertaken for the purposes of preventing places of burial becoming or continuing to be dangerous or injurious to public health.

It is not uncommon for families/next of kin to place unauthorized items in burial grounds on or around a grave. Families and the public should be informed what kinds of memorials are acceptable along with being advised if any unauthorized items are to be removed.

Although this will not remove all possible distress felt by the family it will minimize any distress that might be caused. ie the dangers posed by unstable tombstones and other memorials.

The standard grave size that is actually excavated is 7ft by 32inch in a coffin shape.

Exclusive Rights: Question? When I purchase Exclusive rights of burial do I own the plot of land?.

NO, you own the right of burial within a particular grave space and not the land itself. When you buy a grave you purchase the Exclusive Rights of Burial in that grave for a set period of time usually 50 years. It does mean that after that time the grave could be used for any burial.

On purchasing the Exclusive Rights for burial for a grave or cremated plot, written confirmation shall be issued to the person named on the internment form and covers a period of 50 years. Following the expiry of the Exclusive Rights of burial the purchaser, or his/her heir or successor, will have the option of renewing the Exclusive Rights of burial up to a maximum of 30 years or a minimum of 10 years. Applications should be made for renewal of the exclusive right of burial within 12 months of the expiry of the previous grant.

LEMONGRASS

You can often prepare for the weather, but there's one thing that's for certain, no matter how alert you are: you're going to get chomped by a bug or two. In the garden. No one around but us, wildlife and, of course, plenty of bugs.

We made a quick concoction at home so that we didn't have to use bug spray that smells and tastes like death. So, whether you're camping, playing at the beach, heading to your caravan, picnicking or venturing off to wherever your sense of adventure takes you, don't forget this all-natural bug repellent.

How to repel bugs naturally

We're all familiar with DEET, a mosquito and bug repellent that is technically a pesticide — and a strong one at that. Loaded with toxic chemicals, you shouldn't expose your skin to this spray, let alone breathe it in. Luckily, nature has your back, providing plenty of all-natural alternatives that *actually* work.

Although the recipe below includes a number of essential oils, I'd like to focus on one key ingredient that you may not think of as a bug repellent — **lemongrass**. With its authentic taste and smell, lemongrass has a vast history, providing a distinct and vibrant flavour profile, as well as medicinal benefits.

Being so yummy, you'd think that bugs would be attracted to its aroma, but lemongrass is actually closely related to citronella — a well-known bug repellent that's often used in candles intended for outdoor use. When combined, these two oils work a treat.

Within one study, published in *Phytomedicine*, lemongrass oil was comparable to commercial mosquito repellent. Birds were exposed to two-day starved mosquitoes, experiencing more than 50 percent repellence, lasting two to three hours. Not bad for a repellent that actually contains skin-healing properties.

The same results were reported in another key study, concluding that although lemongrass was not as effective as DEET (51 percent efficiency versus 81 percent efficiency), it could most certainly be used as a replacement — especially for those who are sensitive to the chemicals used in commercial bug sprays. When combined with other natural repellents, including citronella, clove, basil, rosemary and lavender, the efficiency is even greater. These plant species offer natural insecticides and/or repellents.

Within lemongrass, for instance, effective compounds include citronellal, geraniol and alpha-pinene.

When it comes to essential oils, the more you use, the stronger your spray will be. Here's how to keep bugs away — naturally.

Ingredients

Distilled water, 1 tbsp. natural witch hazel,

half tbsp. apple cider vinegar,

20 drops of organic lemongrass essential oil,

15 drops of organic citronella essential oil,

10 drops of rosemary essential oil,

5 drops of organic lavender essential oil.

K9 Kate - Pleasley.



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Kim Burton.

Chiropodist and Foot Health Professional .
(MCFHP MAFHP)

Member of the Same Institute.

To book your appointment call Kim.

Home 01623 810587
Mobile 0785054522
36 Newboundmill Lane,
Pleasley,
Mansfield,
Notts NG19 7PT

Epsom salt, which is not really a salt at all but a mineral compound comprised of magnesium and sulphate, gets its name from a saline spring at Epsom in Surrey, England.

Epsom salt has been used for centuries as a natural remedy for a number of ailments, and also has many beauty, gardening and household uses.

Both magnesium and sulphate are readily absorbed into the skin, which makes their health benefits readily accessible. Over 325 enzymes in the body are regulated by magnesium, which also helps reduce inflammation, alleviates hardening of the arteries and improves muscle and nerve function. Sulphates improve the rate at which nutrients are absorbed and help to flush out toxins.

Here are 17 of favourite uses for this versatile compound.

1. Soothe sore muscles

An Epsom salt bath is a great way to soothe sore muscles, cramps, bruises and joint pain. Because of this, it is a great after-workout soak. In addition, soaking in an Epsom salt bath is a wonderful way to relax and relieve stress. Add 2 cups of salts to a warm bath. Mix the salt in so it dissolves in the water. Soak for 10-15 minutes for best results. Use commercial Epsom Salts it's cheaper.

2. Exfoliate skin

As we shed our skin naturally, the build up of dead skin cells clogs pores and can cause blemishes. Exfoliation is necessary to keep skin healthy, glowing and vibrant. The best way to exfoliate with Epsom salts is to massage handfuls all over the body in the shower or bath. Your skin will feel soft and fresh with this homemade spa treatment.

3. Homemade hand wash

Mix ½ cup of baby oil with ½ cup of water, and add ¼ cup of Epsom salts and a few drops of your favourite essential oil. Set this homemade mixture next to your sink for a nice bathroom hand wash.

4. Treat insect bites and poison ivy

A compress made with Epsom salts is a great way to treat mosquito bites, bee stings and poison ivy. Mix 2 tablespoons of salts with 1 cup of warm water. Soak a clean cloth in the mixture and hold on affected area to remove pain, burning and itching.

5. Clean your face

Your face needs to be cleaned and exfoliated just like the rest of your body. Put a teaspoon of Epsom salts in your hand and mix with a little warm water. Scrub your face with the mixture then rinse clean. This facial cleaner not only exfoliates and rejuvenates but also helps remove blackheads and prevent acne.

6. Remove splinters

Splinters can be tricky and painful to remove. Skip the needles and soak your splintered skin in an Epsom salt bath. The salts will draw the splinter out and leave the area clean.

7. Lip balm

Dry, flaky, cracking lips are not only unsightly but also painful. Heal this uncomfortable condition with a homemade Epsom salt lip balm. Mix equal parts organic coconut oil and Epsom salts. Apply to lips generously to exfoliate and moisturize.

8. Tile cleaner

Bathroom and kitchen tile grime can be difficult to clean. Powerful tile cleaners are not only expensive, but also often contain harmful chemicals. Make your own hard-working natural Epsom salt tile scrub. Mix equal parts liquid dish soap with Epsom salts. Scrub onto tiles with a sponge and rinse clean with water.

9. Insect killer

Mix ¼ cup of Epsom salts with 2 cups of water and place in a spray bottle. Spray the mixture around your home and garden to safely deter insects without the use of chemical insecticides.

10. Relieve constipation

Epsom salts are a great way to relieve constipation. Mix 2 teaspoons of Epsom salts in a glass of water. Drink entire cup for best results. If the taste is not appealing to you, try mixing with fresh juice instead.

11. Fertilize your lawn and plants

Epsom salts make a wonderful fertilizer for your lawn and potted plants. For greener grass, mix 1 cup of the salts for every gallon of water and spray over lawn area. To fertilize potted plants, simply sprinkle Epsom salts around the base of the plants once every week. This method of fertilizing also works great for tomatoes and other veggies. Probably commercial Epsom Salts for this.

COMPETITION TIME**THIS WORDSEARCH IS:****Of the 22 Homophones,**

there are two on the list not in the wordsearch . Highlight these two and send them in with the Wordsearch.

Post entries in Verney Institute post box or 59 Newboundmill Lane or any councillor.

NAME

Address.....

Tel No

Closing date 1st December

There. Their.
Too, Two,
Waive, Wave,
Meddle, Medal,
Faze, Phase,
Bass, Base,
Brake, Break,
Would Wood
Birth, Berth.
Meet, Meat,
Deer, Dear.

The winner of June's word search was
C Bradford
Portland St
New Houghton who was presented with a £10 Garden Voucher by
Cllr Howard Wright.

T	H	E	R	E	C	H	J	Y	E	R	P
H	W	C	M	E	E	T	C	G	N	H	R
E	D	O	E	P	Y	R	N	S	A	U	A
I	N	O	A	C	G	E	F	S	F	I	Y
R	O	W	T	N	O	B	E	E	Z	A	F
T	E	N	A	S	K	A	N	D	U	S	K
O	W	A	I	V	E	S	T	R	Y	T	R
O	N	O	T	L	E	S	A	B	L	H	W
L	U	V	D	E	A	R	N	R	K	T	W
R	O	D	E	E	R	A	N	A	L	R	P
R	E	M	E	M	B	E	R	K	R	I	O
M	E	D	A	L	O	K	A	E	R	B	O

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