



# NEWSLETTER

**Forty ninth edition of the Newsletter for: Upper Pleasley,  
Pleasley Vale, New Houghton and Stony Houghton.**

## The Scarecrow Festival

The Parish Council highlight in June was the Scarecrow Festival, sponsored by Maurice Hill Transport Ltd and Glapwell Garden Centre. Although a low turnout of competitors in comparison to past years, there were 31 entries and those that did enter did a marvellous job. The Parish Council wishes to thank all those who gave their valuable time to enter and the visitors who came and voted for their choice. We had a few new entries, the parish council would like to thank those who made the effort, despite being busy, aged, and not of good health, these people are exemplary and set a good example of community spirit, getting involved takes effort and dedication which is rewarding.

Many of the new entries are looking forward to next year.

The results chosen by you the public were:

- 1st Number 31 Wizard of Oz
- 2nd Number 20 Mary Poppins
- 3rd Number 15 Black Beard the Pirate.
- 4th Number 21 Dr Who
- 5th Number 9 Mickey Mouse
- 6th Number 3 The Chemist Pharmacy



A total of **£487** was raised and presented to the British Heart Foundation representative, Derek Kilgariff, at the Parish Council Meeting in July.

The start time of the Annual Parish meeting and Annual Parish Council Meeting held on May 8th may need to be reviewed to ensure that there is sufficient time to conduct both on the same date.

First on the Agenda was to elect the Chair for the coming year, Cllr Howard Wright was proposed and seconded. He thanked his colleagues for supporting him in the previous year and was pleased to accept the Chair once again for the ensuing year.

Councillor Pauline Bowmer was proposed and seconded for Vice Chair.

The chairman welcomed the newly elected Parish Councillor, Cllr Caroline Randall, who was elected on May 4th by public vote.

The Notice of election was issued by the returning Officer from Bolsover District Council on the parish notice board and there were two nominees, the election was on May 4th.

A donation of £200 was made to St Michael's Church Well Dressing and Flower Festival under free resources.

Standing Orders, Financial Regulations and standing charges were reviewed, no changes were made.

As regards to the (plans) of the parish council the parish council contingency and action plans, these can be viewed within the minutes each month on the notice boards in the parish.

One must always remember the line from Robert Burns poem, "The best laid plans o' mice an' men", [*often go awry*]

So the most carefully prepared plans may go wrong, the unexpected can thwart any plans or decisions. We do not have a manifesto.

The Local Government Act 1972.

The AGENDA of the Annual Parish Meeting held on the 8th May 2017

1. To confirm the minutes of the last meeting.
2. Apologies for absence.
3. Announce Precept.
4. Public Forum.

During the Public Forum, Such persons only as are registered as local Government electors for the Parish of Pleasley are entitled to speak at the meeting.

Notice of this meeting was in the April Newsletter  
**There were 18 residents in attendance.**

Let me reiterate on remarks made during the Chairman's report.

By law every English parish MUST have a parish meeting, a parish meeting consists of the local government electors registered for the area for which it is held. People living in the area and not on the electors' register cannot take part. The parish Council Chair must preside, the parish meeting must be held between 1<sup>st</sup> May and 1<sup>st</sup> June.

Proceedings must not begin before 6pm. Notices specifying the time and place and agenda must be affixed in some conspicuous place in the parish within 14 days of the meeting, i.e. the parish notice board. This notice was also given in the Newsletter although not obligatory, only on the notice board is quite legal. The conveners may give such publicity as seems desirable.

May I remind residents that the display of any casual vacancy issued by the **Returning Officer** on the notice board only, is entirely legal, should it arise. Why I mention that it was questioned at the parish meeting. It is not the responsibility of the Parish Council.

The rights of the Annual Parish Meeting are not confined to exercise the statutory functions of the Parish Council.

**Any resolutions made are persuasive only, they are not binding on the parish council and the parish council may legally disregard them.**

There were sensible suggestions made by residents which the parish council will no doubt consider when they next convene if they are on the agenda.

Other remarks and suggestions were not within the parish council's power. These should be addressed to the appropriate authorities such as highways, District Council and County Council.

As reported there were no hard and fast resolutions made only suggestions and requests and remarks, one of which was residents should meet more often to discuss local issues which is a good idea as they have done in New Houghton who formed a Residents' Association.

Most of the comments and complaints were justified and **the Chairman fully agreed with them.**

Traffic does go too fast on Terrace Lane and Newboundmill Lane.

The traffic parking problem near Pleasley Cross, which was reported as far back as 2002.

Trees overhanging on the main road in Pleasley and New Houghton.

Terrace Lane Recreation Ground more play equipment and a dog area or dog ban.

In New Houghton - Street lighting at the back of Portland St and Devonshire St on the access road. Street lighting along Portland and along back of Portland Street near the Millennium Green. The problem here is that the "backs" are private property belonging to each house.

Constant discarding of rubbish on access road between Portland and Devonshire, resurfacing of the access road between Portland and Devonshire.

These issues probably do need addressing but it is beyond the power of the parish council, but it can of course enquire into the possibilities. Some of these issues will go on the agenda for discussion.

The procedure for casual vacancies was questioned. It is not the responsibility of the Parish Council to advertise this. It has to inform the Returning Officer at Bolsover District Office and they put the notice up and their instructions must be followed.

The lack of information in the Newsletter was questioned, this depends on what information is required. It is not mandatory to print all council business. Information is given on various subjects, not all necessarily on council business. Items such as, coming events, the church calendar and general information.

The Parish Council reserves the right to edit where necessary and retain the right to print or not. Business conducted at a council meeting can be seen on the website.

## LIVE AT THE VERNEY

The series of three concerts came to an end with a fine performance from the Peacock Angell Trio on March 25th. If you haven't made it to any of the Live and Local concerts you may find the reviews of the three shows helpful.

These were written by an audience member who was experiencing music at The Verney for the first. Thanks to Chris for his comments:

### Remi Harris Project

Awesome virtuoso guitar performance from Remi Harris, a total master. Let's not forget the lads as well, who backed him ably. The concert had a relaxed and informal feel, but the band scaled the heights of musical excellence. Sometimes electric, sometimes acoustic. At the musical zenith of some tunes, Remi would appear to become almost lost in another dimension, a dimension unknowable to we mere civilians. Upon his return to earth, Remi would take the time to inform the audience about his diverse music and where it all comes from - with style and humour. A very hard act to follow! Also, great, retro Adidas trainers. Get Lost! (with Remi I mean!)

### Alaw

This folk trio play a surprising mix of tunes from various countries. Although their main focus is on the music of their native Wales, they take in the musical traditions of Spain, Ireland, England and Germany, amongst others. All three players engage well with the audience and an interesting dynamic develops between guitarist Dylan Fowler and the violin/accordion duo of Oliver Wilson-Dixon and Jamie Smith. Alaw are another group who enjoy explaining their songs and music to the audience. Something they do interestingly and with jokes and banter. Open, genuine and engaging. Occasionally a little bit edgy. Well done lads, another triumph for the Verney Concert series.

### Peacock Angell Trio

My third attendance at The Verney Institute for a Live and Local concert. It was another hugely enjoyable evening. This time we were treated to an excellent performance by the Peacock Angell Trio. More of a vocal group than our previous two, they gave us a fascinating range of songs and stories. As a lot of the material was self-written, the performance had a more personal, meaningful feel than many other groups can deliver. They are difficult to sum up in a few lines.



At the centre, Ruth switched effortlessly between electric guitar, violin and the, not often seen, harmonium. She also possesses a versatile voice, easily moving from the normal to a higher, folksier register. Sid plays his guitar understatedly, but with skill and rhythm. His singing voice, earthy and real, blends uniquely with Ruth's in harmony and was as good to listen to as his noticeable Northern Irish accent when speaking. Let's not leave out pianist Steve, whose melodies and brief solos lifted the overall sound to a higher, sweeter level, whilst his bass notes added gravity to some of the whispier moments. Sometimes Fender Rhodes-ish, Steve's sound is genuinely reminiscent of the electric piano on some Simon and Garfunkel singles. Another great night of music."

## **BREAKING NEWS**

There will be four concerts in the new series of Live and Local concerts. The first one will be on Saturday October 7th with Sarah McQuaid in Concert "Brilliant musicianship, a warm and welcoming stage presence and a voice as rich, matured and knowing as the finest thrice-distilled Irish malt whiskey". Another event not to be missed.

This is followed by the multi-award winning folk duo Ninebarrow on Sunday December 10th.

On behalf of Pleasley Parish Council the Parish Council Chairman Cllr Howard Wright, Vice Chair Pauline Bowmer and Pleasley District Councillor Ann Syrett were privileged to attend the Bolsover Chairman, Cllr Ken Walker's last Civic service at Holy Trinity Church Shirebrook on Sunday 7th May along with Chairmen from Derbyshire and Nottinghamshire, County, District and Parish Councils. The service was conducted by Rev Karen Bradley.

Music was provided by Shirebrook Miners' Welfare "B" Band.

**Charges** for residents taking building and demolition waste, household waste recycling centres **have been removed**. The fees were withdrawn from Saturday, 6 May 2017 following the county elections and a change of administration on Friday, 5 May 2017.

**Bug bites** are an inevitable part of summer. And let's face it, for many of us, our arms, legs, neck and ankles are an inviting target for those biting pests. Bumps and itchiness that accompany bites develop from an anticoagulant that the insect injects to prevent your blood from clotting. What follows is a mild allergic reaction and **typical round, red bumps**. Fortunately, there are many natural remedies to soothe those bites, and they don't involve applying toxic chemicals to your skin.

**Aloe Vera** Aloe speeds wound healing by improving blood circulation, preventing cell death, according to a recent pharmacognosy study. Use the outside leaves, since they are the oldest and contain the thick nutrient-rich gel. Once cut, the wound will seal and new growth will sprout from the centre. Carefully split open the leaf to extract the gel and rub it on your bite.

**Apple cider vinegar** Using vinegar to fight infections and other acute conditions dates to 460-377 BC. Apple cider vinegar is both antibacterial and anti-inflammatory, making it ideal for soothing and disinfecting bites. **Banana peel**, Peel a banana and rub the soft interior of the peel over your bug bite. The fruit acids, vitamins and minerals in the peel help to soothe away pain and itching.

**Lemon or lime juice** Citrus juice not only stops the itch, but also supplies quick antimicrobial relief, preventing infection. Dab it on, Let it dry, then rinse well. The natural antioxidants found in citrus juice work to naturally cleanse the bug bite.

**Tea bag** Tea bags draw fluid from bites, reducing itching and swelling. Gently rub a cool, moist tea bag over the bite, the natural tannins in the leaves will draw out excess fluid to reduce pain and swelling.

**Raw honey** Raw honey is another ancient remedy. The healing property of honey is due to its antibacterial activity and because it helps maintains a moist wound condition.

**The aorta is the largest artery in the body.**

What do you know about **Aortic aneurysm**? An aortic aneurysm is a bulge in the wall of a blood vessel. Aneurysms increase the risk of: Atherosclerotic plaque formation at the site of the **aneurysm**. This causes further weakening of the artery wall. A blood clot may form at the site and dislodge, increasing the chance of **stroke**. Increase in the size of the aneurysm, causing it to press on other organs. This may cause **pain**. Aneurysm rupture. Because the artery wall thins at this spot, it is fragile and may burst under stress. The rupture of an aortic aneurysm is a catastrophic, life-threatening event.

**What causes aortic aneurysms?** Instead of causing a bulge in a thinned artery wall, aortic aneurysms occasionally occur between layers of the artery itself. This is called a 'dissecting aneurysm'. Blood starts to flow in the separated artery layers cutting off blood flow in the artery. This condition can rapidly lead to rupture of the artery. Aortic aneurysms may be caused by: Atherosclerosis, or narrowing and hardening of the arteries, which weakens arterial walls. Hypertension ( high blood pressure) Local injury to the artery.

**The Abdominal Aortic Aneurysm (AAA) Screening Programme**

All men over the age of 65 should be tested before it is too late. This is ultrasound screening which should reduce the rate of premature deaths from ruptured AAA by up to 50%. Tel: 01332 783485 Email: dhft.AAAscreening@nhs.net

This is done at your local clinic.

There is still work to be done in the cemetery. A Burial authority may do all such things they consider necessary or desirable for the proper management and control of the cemetery. This and more information will be in the next newsletter. "The Local Authorities Cemeteries Order 1977"



## ELECTORAL REVIEW OF BOLSOVER: DRAFT RECOMMENDATIONS

The Local Government Boundary Commission for England has published draft recommendations on the future electoral arrangements for Bolsover District Council.

10th April was the start of a 10-week public consultation on the Commission's draft recommendations on new ward boundaries across Bolsover District Council. The consultation closed on 19 June 2017.

### View the draft recommendations

You can view the Commission's draft recommendations at <https://www.lgbce.org.uk> where you can find interactive maps, a report and guidance.

The idea is electoral equality, where each district councillor represents roughly the same number of electors as others across the district.

- That the pattern of wards should, as far as possible, reflect the interests and identities of local communities.
- That the electoral arrangements should provide for effective and convenient local government.

You can find additional guidance and information about previous electoral reviews on our website.

If this is sanctioned, this would mean that the ward of Glapwell, Pleasley and New Houghton with two District Councillors would cease, and be part of.

### AULT HUCKNALL WARD

Which would be

Ault Hucknall, Astwith, Bramley Vale, Doe Lea, Glapwell, Hardstoft, Hardwick, Holmewood, Palterton, Pleasley, Rowthorne, Scarcliffe, Stainsby Stony Houghton and New Houghton.

This will reduce the District Councillors by half. There would be three District Councillors representing these villages.

**The installation of the two defibrillators** was established and should be available for any emergency. Instructions on how to use them will be given by the British Heart Foundation.

The one for New Houghton will be installed on the Freedom House. The one in Pleasley in the telephone kiosk near Pleasley Cross.

Final installation is still ongoing.

The Parish Council meeting for June was held on the 5th June. District Cllr Brian Murray-Carr Cabinet Member for Community Safety, Environmental Health and Street Services. Emergency Planning and Licensing came to explain the matters relating to the Black Bridge Travellers' Site and the traffic problems at the end of Newboundmill Road. The Travellers' Site will revert back to what was in the original planning application, a well organised site with regulated spaces for each family and their vehicles. Sanitation, electricity and other amenities will be installed and a site manager responsible for the running of the site.

Enforcement officers will be monitoring the parking of vehicles near Pleasley Cross. Yellow lines will be put on the road to prevent parking.

Complaints were once again made regarding the condition of the service roads at the rear of the houses on Portland Street and Devonshire Street; mainly potholes causing the problem. Unfortunately, as these service roads are Unadopted Roads this is not something the parish council can address. They are privately owned.

The law on the maintenance and adoption of private roads in England and Wales is highly complex. It is contained in sections 203 to 237 (Part XI) of the *Highways Act 1980*. Briefly, a private or unadopted road is by definition a highway **not maintainable at public expense**. The local highway authority is therefore under no obligation to pay for its maintenance. **Responsibility for the cost of maintaining a private road rests with the owners of properties with frontages on such roads.**

The best option may be to do what other residents have done when faced with this problem. The residents' association of the respective properties have got together and done the repairs themselves. Applications to fund the project could be made through enquiries to the District and County Councils. There were also complaints about inadequate lighting on the service roads. Derbys CC Street Lighting should be approached for advice on this. This is the best advice the parish council offer as any unadopted roads are not maintainable at public expense.

Questions raised were: could there be better lighting on the footbridge over the A617, more dog waste bins on Pleasley Pit Country Park? Neither of these come within the remit of the Parish Council. County Cllr Christine Dale is going to make enquiries. The Council has been asked to fence the playing area on Terrace Lane recreation ground to prevent dogs from fouling the playing area, Groundwork Creswell are preparing estimates of work involved.

May we remind you once again who your local councillors are.

**Ian Allen**

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**Howard Wright** (Chairman)

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**Contacts for the Parish Clerk.**

**Parish Clerk** Neil Pocklington 819786

This number has an answering service.

**Email** neil.pleasleypc@gmail.com

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**Caretakers for hall bookings for meetings, parties and functions.**

**Lauretta Brudenell** for New Houghton

01623 811390

**Phillip Crouch** for Pleasley 01623 810996

**District Councillors** Ann Syrett  
ann.syrett@

bolsover.gov.uk

**Ann is also Leader of Bolsover Council.**



**District Councillor**

**Pauline Bowmer**

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**Our County Councillor**

**Christine Dale**

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The new fine guidelines apply if you're summoned to Court for a speeding offence and not for fixed penalty notices, which remain at £100.

Now, we can be fined up to one and a half weeks income...

Even driving at 1mph over the speed limit can now land you with a fine of *half your weekly income!*

There are now three bands of speeding fine: A, B and C.

**"Band A" new penalty: Half your weekly income** (and 3 points):

20mph zone: 21 – 30mph 30mph zone: 31 – 40mph 40mph zone: 41 – 55mph 50mph zone: 51 – 65mph 60mph zone: 61 – 80mph 70mph zone: 71 – 90mph

**"Band B" new penalty: All of your weekly income** (plus 4-6 points and up to 28 day ban):

20mph zone: 31 – 40mph 30mph zone: 41 – 50mph 40mph zone: 56 – 65mph 50mph zone: 66 – 75mph 60mph zone: 81 – 90mph 70mph zone: 91 – 100mph

**"Band C" new penalty: 1 ½ weeks income** (plus 6 points and up to 56 day ban):

20mph zone: 41mph + 30mph zone: 51mph + 40mph zone: 66mph + 50mph zone: 76mph + 60mph zone: 91mph + 70mph zone: 101mph +

The maximum fines are now **£1,000, or up to £2,500** for speeding on a motorway!

### **The Traffic problem around Pleasley Cross**

may soon be resolved, upon inspections being carried out by Highway inspectors it is proposed that the traffic directions around the monument revert back to what it was originally, the monument will be all keep left. Incoming traffic will enter Newboundmill Lane on the left of the monument only, the road nearest the garage, there will be yellow lines on the bend for no parking, traffic leaving Newboundmill Lane will use both lanes left lane for north right lane for Mansfield. The grass verge bottom of Deansgate will sectioned off.

Delivery of the newsletter to every household for many reasons is not feasible, or practical. It is delivered where it is possible. It is understood that every house cannot have one delivered, it is not a declaration the Parish Council can make.

### **Report from this month's Nutrition & Healing**

A patient had an operation on his leg because of a clot in the leg artery, but it hasn't been a great success. Are there any natural approaches that can help reduce existing clots and prevent their formation in the future?

The doctor said he was glad to hear that the clot was discovered and that steps were taken to address it. Blood clots in the leg – and anywhere else in the body – can be extremely dangerous, especially if they go unnoticed. A blood clot that dislodges starts moving through the bloodstream and can get stuck somewhere far more dangerous, like the heart or the brain. Fortunately, there are some natural approaches that can help – and you may already have them in your kitchen cupboards.

**Garlic** – has been shown to aid in thinning the blood and reducing platelet aggregation, helping to minimise the risk of blood clots that could clog an artery in the heart or brain.

Unfortunately, the substance responsible for many of garlic's good effects, called allicin, is also responsible for its strong odour. That means that garlic capsules with the substance removed don't work as well as a whole, fresh, raw garlic.

Studies show the benefits of garlic, using three to eight cloves of raw garlic daily.

**Ginseng** – specifically, Korean or Chinese ginseng (*Panax ginseng*) – is also known to reduce blood clot formation. One of the most popular ways to consume either type of ginseng is by drinking it as a tea or infusion made by stirring about a half-teaspoon of powdered ginseng into a cup of hot water.

The tea should be drunk about three times a day. Standard fluid extracts (1:1) can be take 1/2 to 1 teaspoon, three times per day. The yellow curry spice **turmeric** – its active compound, **curcumin** – can also act as a blood thinner, in addition to its many other health benefits. It's a good idea to incorporate all of these ingredients into your nutritional plan before blood clots are ever discovered.

**Please note**, however, that if you're already on a prescription blood thinner, you shouldn't start any natural regimen before discussing with your doctor. Very thin blood is also very dangerous!

**COMPETITION TIME.**

NAME:

Phone No

**This word search is: 18**  
**Books in the Bible.**

Address

Mark. Luke. John. Matthew,  
 Ruth, Exodus. Genesis. Kings  
 Leviticus. Judges, Joshua,  
 Samuel, Job, Nehemiah,  
 Amos, Jeremiah, Isaiah, Ezra.

The winner of the March word-search was S Drew of Pleasley who received a £10 garden voucher, presented by the Chairman on behalf of the Council.

M	A	R	K	O	D	E	R	E	K	U	L
A	M	U	E	W	O	H	O	W	T	O	E
T	A	T	N	U	M	A	M	O	S	T	V
T	N	H	O	J	O	I	I	S	I	S	I
H	O	W	A	R	D	M	C	A	S	A	T
E	X	O	D	U	S	E	K	S	E	A	I
W	O	A	P	I	A	R	O	B	N	R	C
S	H	U	H	S	M	E	O	K	E	Z	U
G	K	H	I	A	U	J	U	D	G	E	S
N	I	S	L	I	E	N	T	E	N	I	P
I	O	O	F	A	L	A	O	W	A	L	E
K	A	J	C	H	A	I	M	E	H	E	N

**K9 Kate - Pleasley.**

Dog walking, home boarding,  
 dog day care & pet sitting.  
 Working long hours? Too busy  
 or ill to walk the dog? Let us  
 walk your pet or visit to give  
 them a comfort break.  
 Away for a day/holiday... we can  
 help. Your dog will experience a  
 home from home environment  
 safe in our care.  
 Fully licensed, insured and DBS  
 checked.  
 Contact us to arrange a free  
 introductory session.  
 07494 150501

**Kim Burton.**

Chiropodist and Foot Health Professional. (MCFHP MAFHP)

Member of the Same Institute.

To book your appointment call Kim.

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**DISCLAIMER.**

Every effort has been made to make sure that all the information and news is accurate and up to date. We cannot take liability for any information which may contain errors, omissions or inaccuracies in the general information and guidance contained herein, or loss, consequential or inconsequential. Any information contained within this newsletter does not constitute legal or professional advice and is not necessarily endorsed by Pleasley Parish Council.

Many of the items are general information from District and Local Council bulletins, news cuttings and newsletters and information from various council periodicals and public information from health magazines and the internet. Plagiarism is not intended. We also reserve the right to edit where necessary and retain the right to print or not. We also reserve the right to deliver only where possible.